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28th September 2021

Dear Parent/Carer

RE: NSPCC's *Speak out. Stay safe.* online programme

I am pleased to tell you that this Friday 1st October we will be participating in the **NSPCC's *Speak out. Stay safe.* online** programme. This consists of an online assembly and supporting classroom based activities. *Speak out. Stay safe.* is a safeguarding programme available to all primary schools in the UK and Channel Islands. It aims to help children understand abuse in all its forms and to recognise the signs of abuse in a child friendly way. Children are taught to speak out if they are worried, either to a trusted adult or Childline.

In the online assembly, the *Speak out. Stay safe*. messages are delivered in a fun and interactive way with the help of their mascot Buddy as well as special guest appearances from Ant and Dec.

We have studied the content of the materials and are extremely confident that they are appropriate for primary-school-aged children. By the end of the programme, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

If you would like to know more about the *Speak out. Stay safe.* programme you can find information on the NSPCC website www.nspcc.org.uk/speakout or I would be happy to discuss any questions that you may have.

Adapted assembly for home use

The NSPCC has also developed an adapted version of their assembly for parents/carers to use at home with their children. This can be found here: www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety. With the help of celebrities, the film focuses on how a child can get support if they have any worries or concerns.

To complement the assembly, there are some resources that can be used to enable further discussion whilst doing activities with your children. These are hosted on the NSPCC website www.nspcc.org.uk/activities.

Childline Under 12's Website

Childline also have a website with age appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. Your child can visit it at www.childline.org.uk/kids.

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website www.nspcc.org.uk/parents.

Talking PANTS with your children

Talk PANTS is a simple conversation to help keep your child safe from sexual abuse. From P through to S, each letter of PANTS provides a simple but valuable rule that can help keep your child safe. You can find out more and download the free resources at www.nspcc.org.uk/pants.

Penguin and Ladybird have partnered with the NSPCC to create a brand new Pantosaurus book aimed at children ages 4 - 8. **You can find copies of the new book on sale, either in Matalan's selected stores and online, selected SPAR stores or at** https://shop.nspcc.org.uk/. All profits from the sale of this book will support the NSPCC.

Support the NSPCC while you shop

You may also be interested in the NSPCC's new selection of BUDDY goodies available from the NSPCC shop at https://shop.nspcc.org.uk/collections/buddy which make perfect gifts for children - and all profits go to help keep children safe.

We hope everyone will support the NSPCC by wearing their own clothes this Friday 1st October, wearing Silly Socks and/or Crazy Hair and bringing in £1 or more.

Yours sincerely,

M McConville

